

Can your **palm** really reveal your **future**?



Max somehow 'knew' Karen was close to her grandmother, May (inset)

Even in the hi-tech '90s, many rational people still believe our future can be read in the palm of our hand. Our readers put Sydney palmist Max Coppa to the test



'It spooked me'

Name: Karen Basford
Age: 34
Occupation: Clerk



Max's reading

The past: "You must have been close to your grandmother. You have a strong spirit line and she shows up prominently. She's watching over you, just like a guardian angel."
Health: "Your health won't deteriorate until you are in your late 70s. If you are doing anything that's bad for you, stop now – you may be able to change the future."
Career: "You love books and you once worked with them. You're happy with your job and present

salary, but you are also reasonably prudent with your money."

Relationships: "The man in your life is successful and good-looking. He has a scar on the back of his right knee. This is the man you'll marry. You'll have a child together, but I also see two other children around you – someone else's children."

The future: "Your future is positive, but be careful – there's a fine line between winning and losing."

Karen's verdict

"I've never believed in psychic phenomena, but I went into this with an open mind."

"I could relate to everything Max said – I'm destroying my health with

smoking, and I really should give up one day."

"I also used to work in a library. I was close to my grandmother, May, and have always felt she's protecting me. I also think the world of my partner, Ian, and can see us together. Ian even has two children from a previous marriage."

"I came away very impressed, feeling like I had stumbled onto something special. If Max was a fake you would expect him to trip up, but he didn't."

"When I went home I was even more spooked to discover that Ian had a scar exactly where Max had said it was. I'd never noticed it before."

"Ian's an accountant, so seeing a palm reader say something he'd normally do, but now he's intrigued. We can't wait to go back and see him together."

'Everybody makes mistakes'

Name: Loretta Bunton
Age: 57
Occupation: Office administrator & buyer

Max's reading

The past: "You're creative and intuitive – you've had some very interesting dreams."

Health: "Watch your jaw and chest, and be careful of accidents with your right leg."

Career: "You're in a fairly senior position. You love working with people and communicating. You're artistic and have good organisational skills."

Relationships: "You've had a rocky romantic life, but you've risen above it. Now there's

someone who's there but not there. In the next two years, there'll be someone in your life full-time."

The future: "You're tired and need a holiday. I see you inheriting money and travelling on water."

Loretta's verdict

"Max was right when he said I've changed. I've been married three times and, when I look back, I think: 'What was I doing wrong?'"

"My third marriage ended 11 years ago, Max picked up that I was divorced, but he didn't say that I'd married three times. He said if you don't hold onto the past, which I don't, the lines on the hand can fade. That made sense to me."

"At the moment, I'm in the process of ending a relationship, so I knew what Max was talking about."

"It's true that I'm artistic and, when Max said I've had interesting dreams, I remembered the dream I had the night before my grandson died."

"I dreamt I was walking across a field towards

a coffin. I never saw who was in it, but I knew it was someone close to me. That day I found out he'd died."

"The idea of a cruise excited me, but inheriting money was odd as there's no one to inherit from!"

"Max's only real mistake was that he said I have three children, when I have four. Then, everybody makes mistakes."



It's just like a map...

- For centuries, palmistry was the domain of ancient Greek intellectuals, who claimed that they could use it to make medical diagnoses.
- Palmists believe that both hands show the past, present and future.
- The major hand (the right in right-handed people) relates to money, success, work, and how we adapt to change. The minor hand relates to feelings, doubts and insecurities.
- Palmists take more into account than just lines – they also look at the size, shape, colour, texture, flexibility, moisture and markings of the hands and fingers.
- Not all palms have the same lines as this example, and no two palms are the same. The absence of lines indicates an uncomplicated life.

The heart line shows how we give and receive love. It also indicates the health of the physical heart.

- ✓ A long heart line that moves towards the index finger signifies lots of love.
- ✓ If the line reaches too far over to the index finger, a person is idealistic about love – they put their partners on a pedestal and won't hear a word against them.
- ✓ A broken line can indicate traumatic experiences – the loss of a loved one, the break-up of a relationship, or even a heart attack.
- ✓ Deep lines on the Mount of Venus (the fleshy part of the palm by the thumb) show a very sexual person. They indicate your relationships will last.

The head line shows your intelligence, mental capacity, imagination and psychological makeup.

- ✓ If your head line doesn't go all the way across the hand, you're a young soul with a lot of learning to do.
- ✓ If it goes all the way across your palm, you're an old soul who's seen a lot.
- ✓ Branches from the head line that sweep towards the little finger can often suggest intellectual or career successes.
- ✓ A straight line shows a very fixed, straightforward character.
- ✓ A sloping line shows a more creative, dreamy person.

The life line is a guide to the quality and length of life. It can also indicate optimism, impulsiveness, and movements in the home.

- ✓ A strong line indicates vitality, determination, passion, fertility and a long life.
- ✓ If there are breaks along the line, you should be careful of accidents.
- ✓ Weak, scattered lines show a poor resistance to disease.

The fate line concerns our careers and how we fulfil our deepest goals.

Left hand

- Heart ---
- Head ---
- Life ---
- Fate ---
- Sun ---
- Health ---
- Marriage & Children ---



- ✓ A straight, deep line shows determination and achievements.
- ✓ Breaks in the line can indicate a change of career.

The sun line is the best indicator of luck and achievement, especially with money. It can also reveal our artistic abilities.

- ✓ A sun line is seldom seen below the heart line and, when it is, it's probable that a long-desired ambition has not been realised.
- ✓ A longer line means more luck, and a scattering of small lines above the line can predict luck with money – perhaps a lottery win.

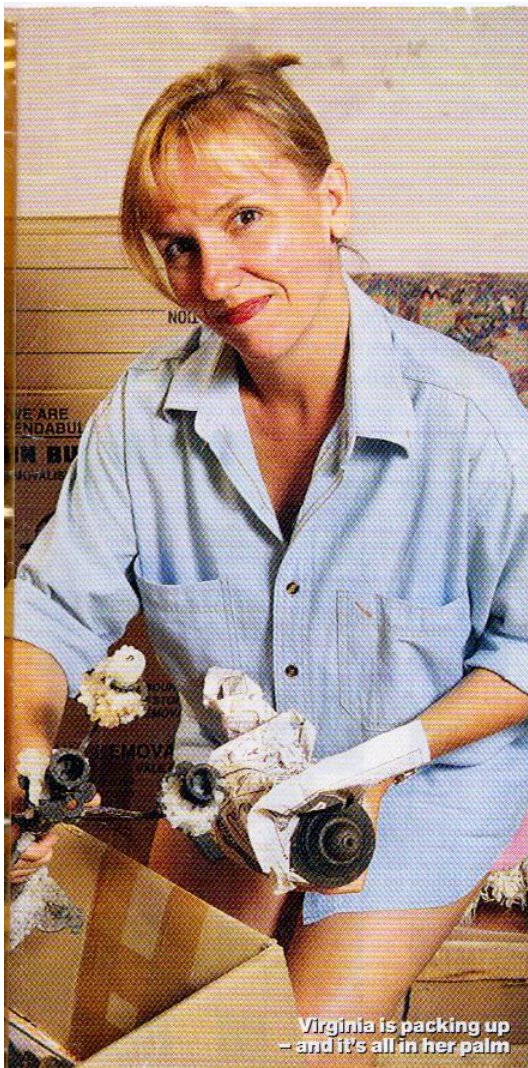
The health line shows our energy and ability to resist disease, but also our ability to communicate with people.

- ✓ A scattered line indicates health problems, while a strong line means a healthy life.

Children and marriage lines can show the health, sex, and number of children a person will have. They can also show potential partners and the chance of infidelity.

- ✓ The small horizontal lines indicate marriage, but three strong marriage lines doesn't necessarily mean the break-up and start of new marriages – it could be the rebirth and strengthening of a marriage.
- ✓ The tiny vertical lines at the bottom of the pinkie are the children lines. Stronger lines mean there's a greater chance of having boys. Fine lines mean you'll probably have girls.

• **Max Coppa (0419 635 664)**, a self-taught palm reader and dream interpreter, began practising his art 23 years ago. On average, he charges \$70 per hour.



Virginia is packing up – and it's all in her palm

'He was very specific'

Name: Virginia Shaw
Age: 41
Occupation: Marketing assistant

Max's reading

The past: "You had difficulties in your childhood – both with your family and your health."

Health: "You have problems with your ears and your eyes."

Career: "Last year was social, but this year will be beneficial to your career and finances."

Relationships: "There are two main relationships in your life. The first was shallow and short, but the second is solid and will last a long time."

The future: "You'll be travelling and moving house soon."

Virginia's verdict

"From the moment I met Max, I felt comfortable. He was dressed in a casual shirt and pants – nothing New Age – and I liked the way he explained things as he went along. When

he talked about my determined character, he was spot on. I don't know whether he saw it in my hands or whether he was just perceptive, but he was very accurate.

The first relationship he talked of was my marriage; the second is the one I'm in now. Phil is the best guy and I'm so happy with him. We're very serious about each other.

I do have the health problems that Max talked about – recurring ear infections and a slight blurring in my eye. I'm also due to travel to America soon and will be moving house in the coming weeks.

I've been to see various psychics in the past, and most have been rather disappointing. A lot of them say that you can't change the future, but Max was realistic and encouraging. He said that I didn't have to take his predictions as gospel – and I should take them simply as a guide to make my future better."